

*Don. 10344*

**FIRST REPORT**  
**1923—1924**

**THE NATIONAL COUNCIL**  
**FOR**  
**MENTAL HYGIENE**  
**(INCORPORATED)**



**Room 55, Windsor House, Victoria St.,**  
**LONDON, S.W.1.**

**(Telephone Victoria 5907)**







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THE RT. HON. LORD SOUTHBOROUGH	DR. E. FARQUHAR BUZZARD.
( <i>Hon. Treasurer</i> ).	SIR MAURICE CRAIG, C.B.E., M.D.
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	SYDNEY NEVILLE, ESQ.

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(On the Prevention and Early Treatment of Mental Disorders).

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DR. A. HELEN BOYLE	( <i>Joint Hon. Secretaries</i> ). DR. HUGH CRICHTON MILLER.
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DR. BERNARD HART.	DR. DOUGLAS CHALMERS WATSON.
DR. HENRY HEAD.	

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(For the Care, After-Care and Treatment of the Insane).

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DR. BERNARD HART.	DR. DOUGLAS CHALMERS WATSON.

### SUB-COMMITTEE No. 3.

(On Mental Deficiency, Crime, etc.)

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DR. H. FREIZE STEPHENS ( <i>Hon. Secretary</i> ).	WILLIAM CLARKE HALL, ESQ.
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## OBJECTS AND AIMS OF THE NATIONAL COUNCIL FOR MENTAL HYGIENE.

Though an integral part of a world-wide movement, the precise activities of the National Council now established in Great Britain will embrace among others the following objects :—

(1) The improvement of the Mental Health of the Community. This involves a closer and more critical study of the social habits, industrial life and environments of the people, with a view to eradicating those factors which lead to mental ill-health and unhappiness, and to educating the public in all matters which militate for and against good mental health.

(2) To study the causes underlying congenital and acquired mental disease, with a view to its prevention. To further this, the Council will promote scientific investigation by competent workers.

(3) To secure a more important position for the study of psychiatry in the medical curriculum, and the closer association of psychiatry with general medicine ; to further the establishment of special clinics and out-patient departments for the early treatment of mental disorders ; to raise the standard of care and treatment in the public mental hospitals ; and to remove legal formalities which tend to postpone the effective treatment of cases of mental disorder in their early stages, or to divorce the treatment of mental disorders from other diseases. By combating the prevailing ignorance and superstition regarding the true nature of mental disease, it hopes to assist in removing the stigma which handicaps the future welfare of those who have been thus afflicted.

(4) Criminality, dependency, vagrancy and prostitution, in so far as they are failures of adjustment by reason of mental disease or defect. The Council will further the study of the problem of habitual criminality, and as to how far expert medico-psychological examination of persons charged with crime can assist towards its solution.

(5) The Mental Hygiene of child-life in relation to education and parental responsibility.

(6) The Council hopes to be the liaison between all societies, associations and other bodies interested in or concerned with mental hygiene, and so far as it can with advantage co-operate with them. It promotes an International League of National Councils for combined action and interchange of knowledge concerning Mental Hygiene.



## MEMBERSHIP.

There shall be two Classes of Members, namely :—(a) Full Members, and (b) Associate Members.

1. A person desirous of becoming a Member of the Association shall by notice in writing signify his desire to become a Member, and shall in such notice state whether he desires to become a Full Member or an Associate Member, and if the Association shall approve such person as a Member, his name shall thereupon be entered in the Register of Members of the Association (to be kept pursuant to Section 25 of the Companies (Consolidation) Act, 1908), as a Full Member or as an Associate Member as the case may be.

2. A *Full Member* shall pay an annual subscription of One guinea and an *Associate Member* shall pay an annual subscription of Five shillings.

3. Every new Member shall pay the annual subscription appropriate to his class at the time when he gives notice of his desire to become a Member.

4. The annual subscription shall (except as provided by Clause 3 hereof) be due and payable on the first day of January in each year.

5. Any Member intending to withdraw from the Association shall signify his intention so to do in writing before the first day of January ; otherwise he shall pay his subscriptions for the current year, whether he shall have exercised or enjoyed any of the Members' rights and privileges or not.

6. Only a Full Member shall be eligible to become a Member of the Committee.

7. Only Full Members shall be entitled to vote upon the election of Members of the Committee, each Member shall have one vote and no more, whether on a show of hands or on a poll, and all votes shall be given personally.



## Initial Work of the Council.

During the period under review the Executive Committee was obliged to give much of its time to elaborating the constitution of the National Council. Many hours were occupied in framing bye-laws and regulations, a labour which was rendered much lighter by Dr. J. R. Lord, one of the Honorary Secretaries, who, at great cost to his health, spent much of his time and energy in their preparation. These Bye-laws were finally passed at a meeting of the General Committee held on March 25th, 1924.

At the same meeting it was decided to form three Sub-Committees to deal with special aspects of the National Council's activities :—

Sub-Committee No. 1.—The Prevention and Early Treatment of Mental Disorders.

Sub-Committee No. 2.—The Care, After-Care and Treatment of the Insane.

Sub-Committee No. 3.—Mental Deficiency, Crime, etc.

### SUB-COMMITTEE No. 1.

#### On the Prevention and Early Treatment of Mental Disorders.

##### *Terms of Reference.*

“ To secure for Psychology and Psychiatry a position in the medical curriculum more commensurate with their importance and to further the closer association of Psychology and general medicine.

To combat the prevailing ignorance and superstition with which the laity regard mental disease. To educate medical students and nurses as to the true nature of mental disorder, and its intimate relationship to disorders of the body.

To further the establishment of clinics and out-patient departments for the early treatment of mental disorders, and to encourage social service in connection therewith.

To remove formalities and prejudices which tend either to postpone the effective treatment of mental disorder or to divorce its treatment from that of physical disease.

To encourage facilities for prophylactic treatment.

To study the mental hygiene of child life in relation to parental responsibility and education, and to emphasise the importance of a knowledge of psychology among school medical officers and teachers.”

This Sub-Committee have met on three occasions and have had under consideration the question of obtaining information for a general survey throughout England, Scotland and Wales on the teaching of the subjects of functional nerve disorders and



mental diseases and the treatment of persons suffering from them. With this end in view they have drawn up a letter and questionnaires addressed to the Deans of Medical Schools and to the Secretaries or Chief Administrative Officers and Matrons of the large Hospitals throughout the country, and of certain Infirmaries.

### SUB-COMMITTEE No. 2.

**The Care, After-Care and Treatment of the Insane.**

#### *Terms of Reference.*

“To study all questions connected with the care and treatment of patients in mental hospitals.

To raise the standard of general and medical education of all those engaged in nursing the insane.

To investigate the existing arrangements for visiting in Mental Hospitals, and to facilitate the organisation of After-Care.

To assist in removing the stigma which handicaps those who have been mentally afflicted.

To promote a closer liaison between the medical officers of mental hospitals and the general body of the profession.”

Two meetings of Sub-Committee No. 2 have been held and the question of Lay Visitors to Mental Hospitals is at present under discussion.

### SUB-COMMITTEE No. 3.

**Mental Deficiency, Crime, etc.**

#### *Terms of Reference.*

“To study mental deficiency, its causes and prevention, and its relation to crime, dependency and prostitution.

To enquire into the working of the Mental Deficiency Act with a view to its amendment or revision.”

Two meetings of Sub-Committee No. 3 have been held. The Sub-Committee is collecting data on :—

- (1) Institutional accommodation for mental defectives.
- (2) Teaching in Mental Deficiency.
- (3) The arrangements made for recognising mental defectives when they come before the Courts.

The Sub-Committee is also preparing to investigate the causation of mental defect.

The Executive Committee have recently appointed a Sub-Committee whose particular work will be Propaganda and the Collection of Funds.

**COMMITTEE MEETINGS.** Two meetings have been held during the year.



**EXECUTIVE COMMITTEE MEETINGS.** Seven meetings have been held during the year.

**MEETINGS AND LECTURES.** Mr. Clifford Beers, the founder of the National Committee for Mental Hygiene in America, visited London in the summer of 1923, and two meetings were held at which he spoke. One was a drawing-room meeting at Sir Maurice Craig's house, when the Reverend H. R. L. Sheppard took the Chair, and at which nearly £100 was collected. The other was a Public Meeting at the Caxton Hall, when Sir Courtauld Thomson presided and the meeting was addressed by Lord Burnham and Sir Maurice Craig as well as Mr. Clifford Beers.

Dr. Clarke, late Medical Director of the Canadian Committee for Mental Hygiene, whose recent death has come as a serious and unexpected blow to the movement in our country as well as to that in the great Dominion, very kindly and ably advocated our cause at a meeting of the British Medical Association at Brighton.

Dr. T. A. Ross gave a lecture on the Mental Factor in Medicine to the Medical and Physical Society at St. Thomas' Hospital, in May of this year, and Dr. J. L. Birley addressed the Nurses at that Institution on the same subject.

**INTERNATIONAL CONGRESS.** Dr. Helen Boyle represented the National Council at the European International Congress in Paris. This Congress was held in preparation for the world conference, which it is hoped will take place in America in 1926.

**FINANCE.** The work of the National Council is much crippled by lack of sufficient financial assistance. The actual rent of the Offices at Windsor House has been guaranteed for three years by Dr. A. Helen Boyle, who has been most active and generous in the help she has given to the Council.

Other friends have given sums of £20 or more, as shown below :—

	£	s.	d.
Anonymous (per Sir M. Craig) ... ..	50	0	0
Dr. A. Helen Boyle ... ..	45	0	0
Percy Chubb, Esq. ... ..	25	0	0
Mrs. Horace Cross ... ..	20	0	0
Miss Edmonds ... ..	100	0	0
The Lady Ludlow ... ..	31	10	0
National Committee of Mental Hygiene of America (per Dr. Boyle, in January, 1921) ... ..	27	0	0
Miss Louise Owen ... ..	25	0	0
The Rt. Hon. Sir Horace Plunkett ... ..	100	0	0
Major Harold A. Wernher ... ..	21	0	0
Stanley Wills, Esq. (per Sir M. Craig) ... ..	50	0	0

The Council wish to express their gratitude to the Honorary Auditors, Messrs. Blackburns, Barton, Mayhew & Co., and to the Honorary Solicitors, Messrs. Charles Russell & Co., for their valuable help.







DR.

BALANCE SHEET, 30th JUNE, 1924.

CR.

	£	s.	d.		£	s.	d.
To Subscriptions in Advance	...	...	98 9 0	By Balances at Bank and in Hand :—			
" Sundry Creditors	...	...	15 10 7	General Account	...	...	233 0 1
" Surplus of Assets over Liabilities	...	...	199 1 6	Publicity Account	...	...	33 7 11
							<hr/> 266 8 0
				" Office Furniture and Equipment (at cost)	...	...	46 13 1
							<hr/> £313 1 1

We have audited the Balance Sheet and Receipts and Payments Account of the National Council for Mental Hygiene for the period ended 30th June, 1924, with the books and Vouchers, and certify the same to be correct. We have obtained all the information and explanations we have required. In our opinion the accounts are properly drawn up so as to exhibit a true and correct view of the state of the Council's affairs according to the best of our information and the explanations given to us and as shown by the books.

Alderman's House,  
Bishopsgate, E.C.2.  
4th July, 1924.

BLACKBURNS, BARTON, MAYHEW & CO.,  
*Chartered Accountants, Auditors.*



## SUBSCRIPTIONS AND DONATIONS

To the 30th June, 1924.

						Subscriptions.			Donations.		
						£	s.	d.	£	s.	d.
Adams, Mrs. E. T.	...	...	...	...	...	1	1	0			
Ainsworth, Dr. C. G.	...	...	...	...	...	2	2	0			
Amphlett, Mrs.	...	...	...	...	...		10	0			
Anonymous (per Sir Maurice Craig)	...	...	...	...	...				50	0	0
Anonymous ("Well Wisher")	...	...	...	...	...				1	0	0
Anson, Rev. Harold	...	...	...	...	...	1	1	0			
Anonymous (per Miss A. Goffe-Smith)	...	...	...	...	...				1	1	0
Anonymous (per Prof. G. Robertson, from a Well-Wisher)	...	...	...	...	...				5	5	0
Anonymous (per Sir Maurice Craig)	...	...	...	...	...				5	4	0
Anonymous (per Dr. A. Helen Boyle)	...	...	...	...	...				4	0	
Bain, Dr. John	...	...	...	...	...	2	2	0			
Baird, W. H. Esq.	...	...	...	...	...	2	2	0	2	2	0
Barlow, Sir Thomas, Bart., M.D., F.R.S.	...	...	...	...	...	2	2	0	7	18	0
Barnes, Mrs.	...	...	...	...	...		5	0			
Barnett, Mrs. S. A.	...	...	...	...	...	2	2	0	4	4	0
Barton, Dr. G. D.	...	...	...	...	...		5	0			
Barton, Dr. P. F.	...	...	...	...	...	2	2	0			
Benecke, Miss Amy M.	...	...	...	...	...				3	3	0
Bennett, Miss Sarah	...	...	...	...	...	1	1	0			
Berkeley-Hill, Mrs.	...	...	...	...	...	2	2	0			
Berkeley-Hill, Major Owen	...	...	...	...	...	2	2	0			
Berry, Dr. F. May Dickinson...	...	...	...	...	...	2	2	0			
Birley, Dr. J. L.	...	...	...	...	...	2	2	0	2	1	0
Birley, Mrs....	...	...	...	...	...	2	2	0			
Birley, Miss Elizabeth	...	...	...	...	...	2	2	0			
Bond, Dr. C. Hubert	...	...	...	...	...	2	2	0	5	5	0
Bower, Cedric W., Esq.	...	...	...	...	...				2	2	0
Boyle, Sir Alexander G., K.C.M.G.	...	...	...	...	...	1	1	0			
Boyle, Dr. A. Helen	...	...	...	...	...	2	2	0	45	0	0
Boyle, Miss O. W.	...	...	...	...	...	1	1	0	1	1	0
Brackenbury, Mrs. Laughton	...	...	...	...	...	2	2	0			
Brameld, Miss	...	...	...	...	...		10	0			
Bramwell, Prof. Edwin	...	...	...	...	...	2	2	0			
Bramwell, Mrs. George	...	...	...	...	...		10	0			
Bromley, Leonard Courtney, Esq.	...	...	...	...	...		10	0			
Brooke, H., Esq....	...	...	...	...	...				5	0	0
Brown, Miss A. F.	...	...	...	...	...		10	0			
Brown, Sir Herbert, K.B.E.	...	...	...	...	...	2	2	0			
Brown, Dr. R. Dods	...	...	...	...	...	2	2	0			
Brown, Dr. William	...	...	...	...	...	1	1	0			
Browne, Miss Elizabeth R.	...	...	...	...	...		5	0			
Burt, Dr. Cyril	...	...	...	...	...	1	1	0			
Buzzard, Dr. E. Farquhar	...	...	...	...	...	2	2	0	10	10	0
Cecil, The Lady Gwendolen	...	...	...	...	...	2	2	0			
Chadwyck-Healey, O. N., Esq.	...	...	...	...	...	1	1	0			
Chambers, Dr. James	...	...	...	...	...	2	2	0			
Chambers, Mrs. H.	...	...	...	...	...	2	2	0	23	19	0
Chappell, Mrs.	...	...	...	...	...				1	0	0
Chichester, The Countess of	...	...	...	...	...	2	2	0	1	1	0
Chubb, Miss Alice M.	...	...	...	...	...	2	2	0	1	1	0
Chubb, Miss Dorothy	...	...	...	...	...	1	1	0			
Chubb, Miss Mary Violet	...	...	...	...	...		5	0			



						Subscriptions.			Donations.		
						£	s.	d.	£	s.	d.
Chubb, Percy, Esq.	...	...	...	...	...				25	0	0
Clark, Miss O. Marian	...	...	...	...	...				2	2	0
Clarke, Miss W. S.	...	...	...	.....	...				5	0	
Cohen, Colonel J. Waley, C.M.G.	...	...	...	...	...				10	10	0
Cole, Dr. R. H.	...	...	...	...	...	2	2	0			
Collins, Dr. M. A.	...	...	...	...	...	1	1	0			
Conway, F. Esq....	...	...	...	...	...	1	1	0			
Cooke, Sir E. Marriott, K.B.E., M.B.	...	...	...	...	...				2	2	0
Corry, Miss E.	...	...	...	...	...	2	2	0			
Coupland, Dr. Sidney	...	...	...	...	...	2	2	0			
Craig, Sir Maurice, C.B.E., M.D.	...	...	...	...	...	2	2	0			
Cripps, Mrs.	...	...	...	...	...	1	1	0			
Cross, Mrs. Horace	...	...	...	...	...	2	2	0	20	0	0
Crow, Dr. Nora A.	...	...	...	...	...	1	1	0			
Cummins, Miss Anne E.	...	...	...	...	...	2	2	0			
Dale, Miss V. M.	...	...	...	...	...	2	2	0			
Dantra, Lieut. Col. S. H.	...	...	...	...	...		5	0			
Darwin, Major Leonard	...	...	...	...	...	1	1	0			
Darwin, The Hon. Lady	...	...	...	...	...	2	2	0			
Davison, Dr. H. E.	...	...	...	...	...	2	2	0			
Davy, Miss Eveline	...	...	...	...	...		15	0			
Dawson of Penn, The Rt. Hon. Lord	...	...	...	...	...	2	2	0			
Devine, Dr. H., O.B.E.	...	...	...	...	...	1	1	0			
Dodd, Dr. F. H.	...	...	...	...	...	2	2	0			
Duveen, E. J., Esq.	...	...	...	...	...				5	5	0
Eager, Dr. R., O.B.E.	...	...	...	...	...	1	1	0			
East, Dr. W. N.	...	...	...	...	...	2	2	0			
Edmonds, Miss	...	...	...	...	...				100	0	0
Edwards, Dr. F. H.	...	...	...	...	...	1	1	0			
Ennismore, The Viscountess	...	...	...	...	...	1	1	0			
Eyre, Dr. J. J.	...	...	...	...	...	2	2	0			
Evans, Dr. A. E.	...	...	...	...	...	2	2	0			
Farmer, E. Esq.	...	...	...	...	...		5	0			
Farrer, The Lady	...	...	...	...	...		10	0			
Fletcher, Sir Walter Morley, K.B.E., M.D.	...	...	...	...	...	2	2	0			
Flower, The Rev. J. Cyril	.....	...	...	...	...		10	0			
Flugel, Mrs. M.	...	...	...	...	...		10	0			
Ford, Percy H., Esq.	...	...	...	...	...	1	1	0			
Fothergill, Dr. Claud F.	...	...	...	...	...	2	2	0			
Fothergill, Dr. E. Rowland	...	...	...	...	...				5	0	
Fox, Miss Evelyn...	...	...	...	...	...	2	2	0			
Fox, Mrs. R. Barclay	...	...	...	...	...	2	2	0			
Fox, Dr. J. Tylor	...	...	...	...	...		5	0			
Foxcroft, Miss H. C.	...	...	...	...	...		10	0			
Franklin, The Hon. Mrs. H.	...	...	...	...	...	2	2	0			
Fraser, Dr. Kate...	...	...	...	...	...	1	1	0			
Galt, Dr. H. M....	...	...	...	...	...	1	1	0	1	1	0
Gardner, Mrs. Dunn	...	...	...	...	...	2	2	0			
Gilfillan, Dr. J. A.	...	...	...	...	...	2	2	0			
Gilfillan, Dr. S. J., O.B.E.	...	...	...	...	...				1	1	0
Glyn, The Hon. Mrs. Maurice	...	...	...	...	...	2	2	0			
Good, Dr. T. S.	...	...	...	...	...	2	2	0			
Goodall, Dr. Edwin	...	...	...	...	...	1	1	0			
Gordon, Miss Muriel E.	...	...	...	...	...	1	1	0			
Gosling, Miss F. M.	...	...	...	...	...	2	2	0			



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					£	s.	d.	£	s.	d.
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Griffiths, R. H. Esq.	...	...	...	...		5	0			
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